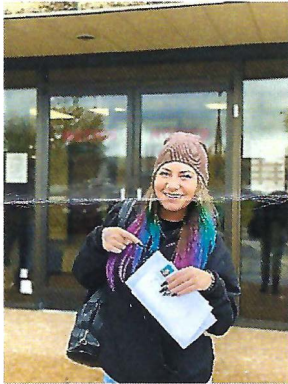




April 2022

Mr. Kenneth Sloane

Nolensville, TN 37135-8501



"It's been overwhelming. Life is good. Sometimes I feel undeserving of all the good things happening in my life, but then my community reminds me of the work I've put in. They help me see I am worthy." - Kristina, 2020 Graduate & Assistant Director of Manufacturing for the Candle Studio

Dear Kenneth,

We have always heard that good things come to those who wait and work hard. Nobody represents that more than Kristina! In the last six months, she has gotten a promotion, her license reinstated, a car, and her very first apartment! This was all possible because of her hard work. It is also because of donors like you who have continued to make her healing journey possible.

Many of the milestones Kristina is reaching have been years in the making. She thought so many of her goals would be impossible and yet they turned out to be easier and faster to complete than she imagined. The community surrounding and encouraging Kristina helped give her the little pushes that she needed along the way. These little pushes have helped her gain confidence and a desire to give back in meaningful ways.

"I didn't think I had a purpose for a long time. But when you start living a life that has meaning, there's no turning back. Today, I love what I do. I pour candles because I want to be a light in the dark."

By continuing to work hard and be patient in the process, Kristina is building a new life for herself. You are as much a part of her journey as any of us. Thank you again for your monthly support. Your donations will help us continue opening doors and creating opportunities for the many more "Kristina's" in our midst who are healing, growing and dreaming. We could not be more grateful.

With warmest regards,

Tara Hamilton
Director of Development

No gifts or services were given in exchange for this donation. Gifts are tax-deductible as per federal laws. Consult a tax professional for specific questions related to your gift. Should you have any questions, contact giving@thistlefarms.org

THISTLE FARMS™

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November 2022

Mr. Kenneth Sloane

Nolensville, TN 37135-8501

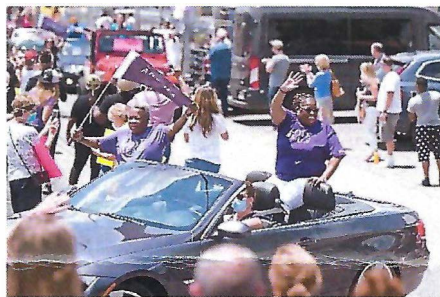


"Thanks to God and this program, I've turned my life completely around. I love my life today. Even better, I love ME today." - Angela, 2020 Graduate and Logistics employee

Dear Kenneth,

When Angela completed the residential program in 2020, the pandemic almost derailed the graduation ceremony. She remembers what that experience was like for her, at first thinking there would be no graduation and then to the reality of not only a graduation, but a parade.

"At first, we weren't going to have a graduation and we were so sad about that. We wanted to celebrate! But they worked it out and before we knew it, we were in convertibles. Everyone lined up along the road and the cars drove by everyone like a parade, so it was pretty cool. My family was there, and they took so many pictures. It was perfect."



Today Angela's life continues to change. Since graduating, she's had no shortage of things to celebrate: She's gotten married, reconnected with her kids, and she is working as part of our logistics team to make sure every order gets out of the door. Stories like Angela's remind us that love does heal. Your monthly gift makes dreams come true for Angela and so many other women survivors. Thank you again for believing in the healing work that happens at Thistle Farms.

Gratefully,

Tara Thank you!

Tara Hamilton
Director of Development

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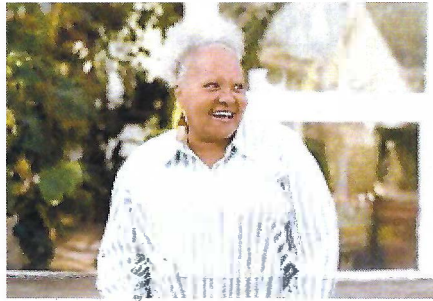
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April 2023

Mr. Kenneth Sloane

Nolensville, TN 37135-8501



Dear Kenneth,

Here at Thistle Farms, we are bidding farewell to the cold, gray days of winter and welcoming spring with open arms. While we are grateful for the rest and reflection that often accompanies the colder months, we are ready for the jubilation we see on our horizon. In May we will celebrate our 2023 graduates as they complete their healing journey and, with each bright blooming daffodil we see pushing through the ground, we are reminded of the resilience and joy of these women and those, like our dear Rita, who have found their laugh again!

"On any given day, my two best friends do something crazy. Silly things like creeping around a wall and scaring the heck out of each other! And we laugh so hard we cry. Back when I used drugs, if somebody did that, I would be ready to fight. Today, I look back at the crazy things I did, and I laugh to keep from crying. Being able to laugh at myself is one of the first steps to freeing myself of the past. If I can laugh at myself, I can forgive myself. If I can forgive myself, I can begin to forgive others. Today, laughter takes the place of addiction, and I am grateful." - Rita, 2012 Graduate and Business Development Administrator

Your monthly gifts are what help make life-giving stories like Rita's possible. Thank you again for believing in the restorative work that happens at Thistle Farms. We are grateful for your support that helps women find healing, strength, and laughter within themselves and our beloved community.

Gratefully,


Tara Hamilton
Director of Development

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